

# ALU AISD Fashionista

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## Fashion Figure - Forms of sketching

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Be sure what you want And be sure about yourself. Fashion is not just beauty, Its's about good attitude. You have to believe in yourself and be strong.

- **Adriana Lima**

How to Draw Fashion Figures



**Sketch a pose**  
**Add in shapes**

**Sketch an outline of your image**



**Add in the clothes**



**Outline the drawing with permanent media**

R. Susila

II B.Voc Fashion Technology

### From the Editor-in-Chief's Desk



**Editor-in-Chief**  
**Dr. B.Dharmalingam**  
Professor & Director  
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The purpose of ALU AISD fashionista a quarterly Magazine, is to inform, engage and inspire the diverse readership, including Academia, Students, Industry personnel and other stakeholders by publishing B.Voc. Fashion technology students' creative fashionable and glimpses of departmental activities. It is intended to bring out the hidden literary talents of our students and also to inculcate authoring skills to them. We wish to propagate the calibre of our B.Voc. Fashion technology students through this medium. We firmly believe that, our students have come out with astonishing contributions for this magazine with very high standard and quality content. I am sure that the this Fashionista magazine will provide a platform to the students to sharpen their skill and will strengthen the academic activities of the department.

# STAIN REMOVAL OF TEXTILE FABRIC

Stain removal is the process of removing a mark or spot left by one substance on a specific surface like a fabric. A solvent or detergent is generally used to conduct stain removal and many methods are available.

## Before we begin

1. The most important aspect of stain removal is pre-treating as soon as possible. The sooner you can soak or pre-treat a stain, the better chances of being able to remove it.
2. When pre-treating, always test a discreet area of fabric with a pre-treating solution to make sure the product doesn't damage the garment.
3. Try an enzyme detergent. These detergents are specifically formulated to break down proteins and lift out stains.

The different stains and its remedial measures is given below.



## 200+ DIY Stain Removal Solutions

### 1.Grass

- Apply washing detergent then rub the

fabric together. An old toothbrush can be very helpful to get the treatment into the fibers.

- Use diluted white vinegar or ammonia to remove any remaining colour.
- Methylated spirits ,also known as denatured alcohol, can be used to remove the stain.

### 2. Red wine

- Cover the stain with a handful of salt. The salt should begin to absorb the color, turning it salt pink.
- Soak garment in cold water with enzyme detergent and allow it to soak overnight. Wash the fabric.

### 3.Chocolate

- Allow the chocolate to completely harden then gently remove as much of the chocolate as you can.
- If the stained was milk chocolate, use a few drops of ammonia. If the stain was dark chocolate, use two tablespoons white vinegar (for colors) or hydrogen peroxide (for whites) to remove the stain.



### 4.Fruit Juice

- Soak the clothes in cold water for 30 minutes.
  - Use a drop or two of enzyme detergent and warm water to soak it further.
- Rinse with cool water then apply a solu-

tion of one part white vinegar and two parts water and allow for 10 minutes.

- Wash the fabric with detergent.
- 5. Coffee**
- Use liquid dish washing detergent and warm water to work on the stain.
  - Wash the fabric after treatment.
- 6. Mud**
- Allow the mud to dry and brush off wash it.
- 7. Grease/oil**
- Cover stain with an absorbent powder such as cornstarch, baking soda, salt or baby powder and allow it to sit. Brush the powder off but don't rub it. If stain is persistent use a dry cleaning solvent.
  - Apply dish washing soap to the stain and allow it to sit for a few minutes. Blot with a clean cloth then wash in detergent.
- 8. Ink**
- Soak item in milk overnight then wash as usual.
  - Wash the fabric with detergent.
- 9. Nail polish**
- Apply acetone and aryl acetate on the stained area to remove the stain. Don't use acetone for rayon fabrics.
- 10. Ketchup and other Tomato-based substances**
- Soak garment in warm water and dab the spot with a sponge that has been coated with dishwashing soap.
  - Stubborn stains can be treated with methylated spirits.
  - Apply a stain treatment and allow it to sit for 15 minutes. Use diluted

white vinegar to remove any remaining color.

### **11. Mehandi**

- Dip in warm milk for half an hour. Wash the fabric with detergent.

### **12. Paints/shoe polish/ Ball pen**

- Scrape out all excess stain rub gently with spirit or kerosene. Repeat this method two or three times.

### **13. Betel leaf:**

- Apply a paste of Minutess and leave in sunlight-repeat above method two or three times.

### **14. Blood/Egg/Meat**

- Wash with cold water and soap wash with salt water (2 table spoons of salt +1/2 bucket of water)

### **15. Butter/Ghee/oil/curry**

- Wash with hot water and soap for cotton fabrics. Make a paste of soap and water and apply it on stain leave in sunlight until stain is removed for cotton fabric.



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# FASHION IDEAS & TIPS FOR TEENAGERS

The teen years can be a confusing stage, especially when it comes to individual style and fashion. Instead of trying to always fit in with the peer group, as most teens do, it's also about being an individual and making your own mark. Teens tend to shop a lot and try new styles of clothes and accessories. However, it is quite important that you ensure she doesn't flaunt styles that are unsuitable or inappropriate



As a mom, here's your chance to update your girl with some interesting and very 'it' fashion styles that are all the rage right now. Check out some fun and fresh fashion tips for teens that they love to try out. So, here is our compilation of some fashion tips for your princess.

## Flaunt Jeans Or Trousers

Jeans and trousers are often too long in length. So get them altered so they fit your teen well. Blue or black denims are some of the best to wear with any top



## Wear Trendy Belts

Today, we can find a great variety of belts with multiple designs,

styles, sizes, and width. Depending on the colour of the dress, jeans, or top, flaunt an appropriate belt. wear a stylish belt on one-pieces, skirts, and other kinds of dresses. Choose the belt that suits your teen's style and attire uniquely  
Trendy belt in trendy way



## Choose Right Colors

Wearing suitable coloured clothes helps boost the confidence of the teen as she walks. Make sure that the teen has 2 or 3 neutrals and some accent colors in her wardrobe. Neutrals comprise gray, white, black, khaki, beige, and cream. Accent colours comprise bright, neon, and pastel colours. Complement the outfit with colourful scarves, belts, bags, shoes, and jewellery

## Choose Clothes With Suitable Prints:

The teen can flaunt suitable printed clothes. Small prints, such as thin stripes, florals, or polka dots, look great on petite teens. Large prints, such as big geometric patterns, bold florals, or large designs, look great on tall teens



## Wear Stylish Scarves:

Scarves add

charm to teen's admirable outfits. They find multi-colored scarves having a variety of designs. Plain and printed scarves are great options for your teenager. The bright scarf looks good with on a light-colored outfit of the teen while a light-colored scarf looks great with a bright or dark-colored outfit of your teen.



### Choosing Necklaces for Necklines

The necklace choice should complement your outfit; the neckline of the shirt or dress being the most important thing to consider.



### Choosing Necklaces for Necklines



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# HOW TO TIE A TIE

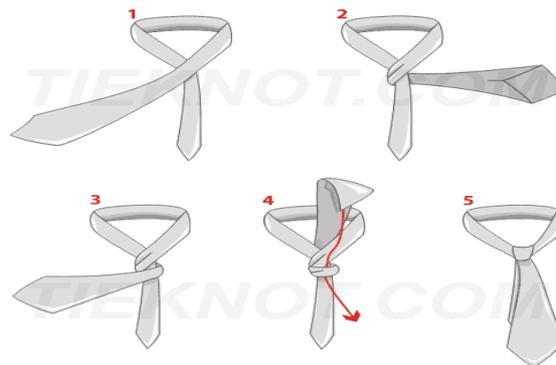
## 1. THE FOUR-IN-HAND

The four-in-hand is the all-time classic of tie knots. It is by far the most used, because it is simple to tie. It works well for most types of tie and with nearly all types of shirt collar. It is perfect for men of medium height and for tall men.

Conical and elongated, the Four-in-hand is narrow when tied with a lightweight fabric and wider when formed with a thick material.

**Preparation:** Turn up the collar of your shirt; button the top button, then put the tie around your neck.

Medium height men should position the narrow end of the tie at waist level. Tall men should position the narrow end a little above the waist. Narrow-chested men will look better with the Double Knot which has a similar shape.



### The steps:

Step 1: Just below the collar, lay the wide end over the narrow end.

Step 2: Take the wide end behind the narrow end.

Step 3: Bring the wide end across the layover.

Step 4: Holding a finger in the loop, bring the wide end up, then down through the loop.

Step 5: Holding the narrow end, pull the knot gently up to the top shirt button.

When the knot is finished, the narrow end must be concealed and the wide end should be level with your belt.

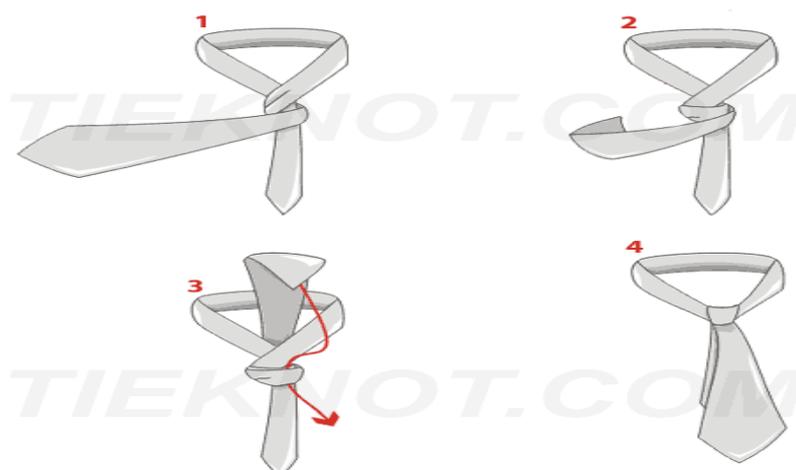
## 2. THE DOUBLE KNOT

The Double Knot is very similar to the Four-in-Hand. It has just one more layover. At the beginning the wide end is turned twice over the narrow end.

The slightly thicker finished knot makes it ideal for use with most shirts. It is also perfect with all types of tie, with the exception of very thick fabrics.

**Preparation:** Slide the tie around your neck after first having buttoned up the top button of your shirt and turned up the collar.

The two ends of the tie must be of different lengths. The wide end must hang down much further than the narrow end.



### The steps:

Step 1: Just below the collar, lay the wide end over the narrow end (see steps 1 to 3 of the Simple Knot).

Step 2: Take the wide end behind the narrow end a second time.

Step 3: Bring the wide end up and under the layover and then into the loop formed by the first or second layer.

Step 4: Finally, adjust the knot and slide it up to the centre of your collar.

## 3. THE WINDSOR KNOT

The Windsor knot is the knot for special occasions. Typically English, it owes its name to the Duke of Windsor who made it popular.

As the finished knot has considerable volume it is preferable to restrict its use to wide-spaced collars such as Italian collars or Windsor collars.

This knot is complicated to form. It has to fit exactly between the two ends of the collar and must completely hide the top button of the shirt.

**Preparation:** Slide the tie around the neck after first having buttoned up the top button of the shirt and turned up the collar. The two ends of the tie must be of different lengths. The wide end must hang down much longer than the narrow end.



### The steps:

Step 1: Lay the wide end over the narrow end.

Step 2: Bring the wide end up through the gap between the layover and your neck.

Step 3: Take the wide end to the right behind the layover, then forwards and up, then down into the gap between the layover and your neck.

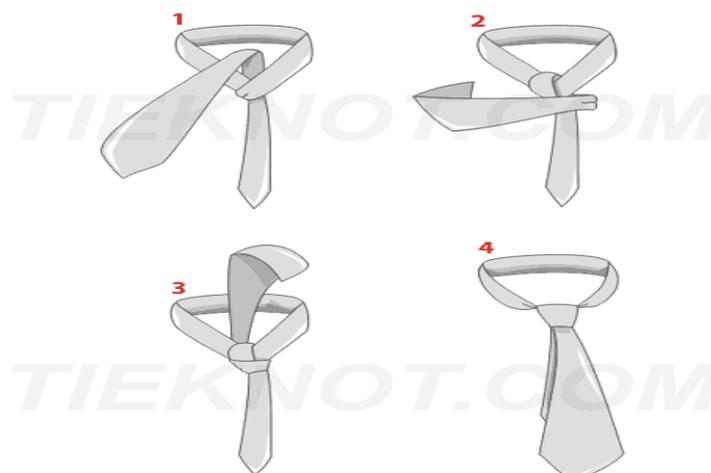
Step 4: Take the wide end round the front of the layover, up close to your neck, and down through the loop just formed.

Step 5: Hold the narrow end and tighten the finished knot by pulling it gently up to centre it on your collar.

## 4. THE HALF WINDSOR

The Half Windsor is similar to the Full Windsor although slightly less bulky, and easier to do.

It is ideal for lightweight or not too thick fabrics. This elegant triangular knot works well with shirts with a classic collar or an open-collar.



Preparation: Place the tie around your neck. Medium-sized men should start with the narrow end well below the belt.

**The steps:**

Step 1: Lay the wide end over the narrow end. Hold this layover and make a second turn around the narrow end just above the first.

Step 2: Take the wide end horizontally behind the layover and bring it forward.

Step 3: Hold the layover, take the wide end up under the layover and slide it down through the loop.

Step 4: Hold the narrow end and pull gently on the wide end to form the knot.

When finished, the narrow end should be concealed behind the wide end, which should be level with your belt.

## 5. THE SMALL KNOT

As its name clearly indicates, this is a small knot.

Its great advantage is its use with heavy fabrics and/or with close-cut collars. Do not use it on collars that are long or wide-spaced.

Easy to do, even with its 180° twist, the Small Knot is by far the easiest of all the knots.

**Preparation:** Put the tie in place around your neck, and then twist the wide end 180° (see illustration above). To avoid doing the twist you can simply place your tie around your neck back to front. The wide end needs to be longer than the narrow end.

**The steps:**

Step 1: Under the collar, lay the wide end over the narrow end.

Step 2: Now run the wide end over the layover.

Step 3: Hold the layover with one hand and run the wide end behind the layover and up. Smooth out the wide end and slide it down through the loop of the layover.

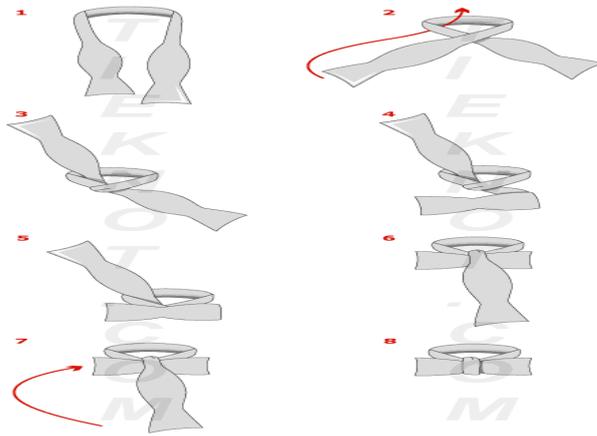
Step 4: Adjust the knot, sliding it up to your collar.

For a smart finish the knot must cover the top button of your shirt and the narrow end must be completely hidden.

## 6. THE BOW TIE

Bow ties are available in the same ranges of colours and patterns as the classic tie.

Generally black, a bow tie is worn with black evening dress and a white shirt with a “broken” collar. It can also be worn more casually with a suit and a shirt with a wide-spaced collar



### The steps:

Step 1: Adjust the tie to have one end lower than the other.

Step 2: Around your neck, lay the longer end over the shorter end.

Step 3: Slide the lower end up and under the bow.

Steps 4 and 5: Make the two butterfly wings by folding the shorter end horizontally.

Step 6: Fold the wider end over the front of the knot being formed.

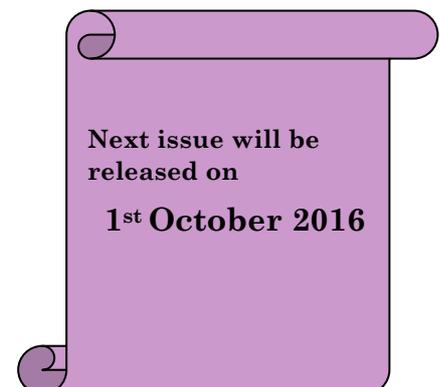
Step 7: Then hide the longer end under the folded part.

Step 8: Finally, adjust the knot by pulling gently on both bows.

In theory, when finished, the ends of the two bows should align with the pupils of your eyes.

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