



**Dr. K. Balasubramanian**  
**Professor and Head**

### Contact

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**Academic Qualifications: M.A., M.A., M.Sc., M.P.Ed., MPhil., P.hD.,**

**Teaching Experience: 19 Years**

**Research Experience: 13 Years**

### Additional Responsibilities

1. Health Club, Co-ordinator
2. Vice President ( Alagu Alumni Association)

### Areas of Research

Sports Psychology  
Neuro Cognition  
Yoga

## Research Supervision / Guidance

Program of Study		Completed	Ongoing
Research	Ph.D.	03	08
	M.Phil.	150	08

## Publications

International		National		Others
Journals	Conferences	Journals	Conferences	Books / Chapters / Monographs / Manuals
12	20	10	45	Books-2 Monographs-2

## Funded Research Projects

### Completed Projects

S. No	Agency	Period		Project Title	Budget (Rs. In lakhs)
		From	To		
1	UGC	2009	2010	A Survey on the availability and Utilisation of Physical Education Equipments in higher education levels in Sivagangai District.	48000
2	ICSSR			Role of physical exercise therapy in enhancing neruo cognition among the students of alagappa university	296700

## Events organized in leading roles

Number of Seminars / Conferences / Workshops / Events organized

1. National Conference organised – 10
2. International conference organised– 8

## **Membership in**

### **Professional Bodies**

1. Life Member: Association of of India – 1
2. Life Member: Society of xx, India – 1

### **Editorial Board**

1. National Level – 2
2. International Level – 2

### **Academic Bodies (such as Board of Studies etc.,)**

1. Alagappa University
2. Bharathiyar University
3. Madurai Kamaraj University

## **Resource persons in various capacities**

Number of Invited / Special Lectures delivered: 15

## **Others**

1. Articles published in Newspapers / Magazines : 02
2. No. of PhD Thesis evaluated : 15
3. No. of PhD Public Viva Voce Examination conducted : 12

## Recent Publications

1. **Dr.K.Balasubramanian, K.Saravanakumar (2015) “EFFECTS OF YOGIC PRACTICES ON SELECTED PSYCHOLOGICAL VARIABLES OF MALE KHO-KHO PLAYERS”** Asian Journal of Multidisciplinary Research(AJMR)/Indian Journal of Sport Science and Physical Education,India,Volume 1 – Issue 2-.pp-17-22
2. **Dr.K.Balasubramanian, K.Saravanakumar (2015) “EFFECTS OF YOGIC PRACTICE AND AQUATIC TRAINING ON MOTOR FITNESS COMPONENTS OF MALE KHO-KHO PLAYERS”**Asian Journal of Applied Research(AJAR) / Indian Journal of Sport Science and Physical Education, India, Volume 1-Issue 2-,pp-21-27
3. **Dr.K.Balasubramanian, K.Saravanakumar (2015) “INFLUENCE OF AEROBIC AND ANAEROBIC TRAINING ON SELECTED PHYSICAL FITNESS VARIABLES AMONG SCHOOL BOYS”**,Indian Journal of Sport Science and Physical Education, India, Volume.23-Issue 1&2-pp-64-75